



Who is at Risk of Carbon Monoxide Poisoning?

Carbon monoxide is extremely dangerous to everyone. However, certain groups are more vulnerable than others are. Read on for more details on those at risk from exposure to carbon monoxide.

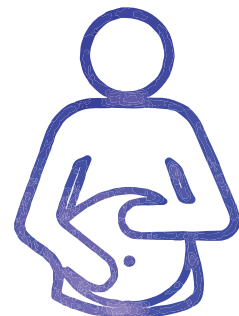
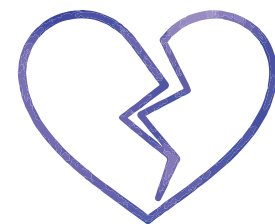
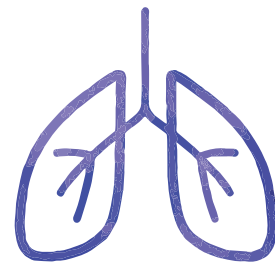
Those suffering from heart or respiratory problems, are more vulnerable to this poisonous gas than healthy adults.

Pregnant women should also be aware that foetal blood cells take up carbon monoxide more readily than adult blood cells do, making unborn babies more susceptible to harm from CO poisoning.

Similarly, young children take breaths more frequently than adults do, so could be more at risk than other groups.

At the other end of the spectrum, older people who experience carbon monoxide poisoning may be more likely to develop brain damage.

Should you suspect CO may be affecting you or your family, open the doors and windows of your property to ventilate, turn off your appliances and evacuate the premises.



For more information on the dangers of CO and advice on how to keep yourself and your loved ones safe visit the campaign website:
projectshout.com